

2024年度

山形西高 サッカ一部活動 年間計画・実績表

記入の仕方:「時間」には活動時間(h)の数字を記入すること 「休養日」には設定した期日に「1」を入力すること 「特記事項」には学校行事や校内以外の部活動場所、大会等を記載すること。

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4月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

5月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

6月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

7月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

8月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

9月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

Summary table for April with rows for planned rest days, actual rest days, and average activity times.

Summary table for May with rows for planned rest days, actual rest days, and average activity times.

Summary table for June with rows for planned rest days, actual rest days, and average activity times.

Summary table for July with rows for planned rest days, actual rest days, and average activity times.

Summary table for August with rows for planned rest days, actual rest days, and average activity times.

Summary table for September with rows for planned rest days, actual rest days, and average activity times.

10月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

11月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

12月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

1月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

2月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

3月 計画 実績 特記事項 table with columns for date, day, time, rest, and events.

Summary table for October with rows for planned rest days, actual rest days, and average activity times.

Summary table for November with rows for planned rest days, actual rest days, and average activity times.

Summary table for December with rows for planned rest days, actual rest days, and average activity times.

Summary table for January with rows for planned rest days, actual rest days, and average activity times.

Summary table for February with rows for planned rest days, actual rest days, and average activity times.

Summary table for March with rows for planned rest days, actual rest days, and average activity times.

Summary table for the entire year showing total planned and actual rest days and average activity times.